



The Keystone

Incipient Canton of Southtower Newsletter



Ender and his son Alexander



Spiced Ginger



Matthies and Nephele



Karel Kolarsek preparing to shoot on the range

May's Business Meeting Notes

On May 12, 2009, members came together to discuss the business of the Incipient Canton of Southtower. Discussed was the preparations of food that we were bringing to Cracked Anvil. It was decided that Pickled Eggs would be made at Hector's when the group came together to discuss Barbarian Brawl. It was also mentioned that there might be another Light Fighter practice for the Canton in the month of June. Nothing has been decided yet, but it something to keep an eye out for on the website and yahoo group.

Arts and Sciences Day

On Saturday, May 16, 2009, members of the Incipient Canton of Southtower came together for a day of Arts and Sciences. Two meetings were held, one at Shari Kolar's house and Caleb's house. Feather fans were made by the girls at Shari Kolar's house while the boys, and some women, participated in making armor at Caleb's house. The Southtower Armor Guild was started that day where Southtower fighter's can band together to make their own armor. Shari Kolar taught how to make feather fans so that we can keep ourselves cool at Barbarian Brawl, the next big event Southtower is helping with in July of this year.



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Cracked Anvil



Spiced Ginger

Smythkepe Herbal Guild Competition

Ana Bohem Krejcora came in first place in the Smythkepe Herbal Competition with her entry of Spiced Ginger. It was her first ever A&S entry for the SCA and she came out on top. The Spiced Ginger was so good that she was told with a little tweaking on the documentation, it would be perfect for entry into Regional A&S competitions. Go Ana!

Activities Begin!

Twelve members of the Incipient Canton of Southtower journeyed together in a fifteen passenger van to the Franklin County Fairgrounds in Ozark, AR, to participate in Cracked Anvil. Jeremiah Newcome was a marshal for the Boarding Battle tournament while our very own Ender participated in the Heavy Fighting competitions. Lord Anton and Karel participated in the archery practice that was held at Cracked Anvil. As already mentioned, Southtower came out on top in their first ever A&S entry with Ana's Spiced Ginger which took first place in Smythkepe's Herbal Guild Competition. Lord Anton taught his mustard class. A dutch oven class taught THL Regne was enjoyed by many members of Southtower as well as other Cracked Anvil attendees. A great feast was enjoyed by all. Overall, Cracked Anvil was a delightful experience for all who attended.



THL Regne teaching the Dutch Oven class



Jeremy performing armor inspection



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Recipes of the Month

Easy Pineapple-Apricot Chicken

10 chicken thighs; well trimmed
3/4 cup pineapple-apricot preserves
3/4 cup french dressing
(1 oz.) pkg. onion soup mix

Arrange chicken thighs in a 12" Dutch oven. In a medium sized bowl combine preserves, french dressing and soup mix. Stir to mix. Pour pineapple-apricot mixture over chicken then cover and bake using 10-12 briquettes bottom and 14-16 briquettes top for 60-75 minutes.

Serve over rice.

Serves: 6-8

Taken from: *Byron's Dutch Oven Recipes*

<http://papadutch.home.comcast.net/~papadutch/dutch-oven-recipe-pineapricotchicken.htm>



Chocolate Lovers Delight

1 1/2	cup water	1	(10 oz.) bag miniature marshmallows
1/4	cup cocoa powder	1	chocolate cake mix; prepared as directed
1	cup light brown sugar	6	oz. semi-sweet chocolate chips

Line the bottom and sides of a 12" Dutch oven with heavy foil. Mix the water, cocoa powder, and brown sugar together and pour into the Dutch oven. Add marshmallows and spread them out evenly. Pour prepared chocolate cake mix over marshmallows. Sprinkle chocolate chips over cake batter.

Cover oven and bake using 8-10 briquettes bottom and 14-16 briquettes top for 60 minutes.

Serve warm with whipped cream.

Serves: 10-12

Taken from: *Byron's Dutch Oven Recipes*

<http://papadutch.home.comcast.net/~papadutch/dutch-oven-recipe-choclovers.htm>



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Welcome to Mel-LUGH-Coly: A Look At The History and Traditions of The Barony of Grey Niche

Saturday, July 11th, 2009 at the Singleton Center, 7266 3rd Rd, Bartlett, TN 38111 8:30 AM to 4:30 PM



Featuring:

The Marcus Gracchus Wheel of Fire; intro-history by Duke Bearkiller and an interesting choice of weapons determined by The Excellences of The Barony of Grey Niche after it spins! The Fists of Steel (Rapier) Tourney, A Special Class on The History of The Barony of Grey Niche, and a hunt for information that harkens you back to the history and traditions of The Barony of Grey Niche!

Feast limited to 100.	Registered 27 Jun 09	At the Door	Children under 6 are free (feast not included). Add \$4.50 for feast per child under 6. Please bring your feast gear! No candles please!
Adult with Feast	14.00	17.00	
Adult without Feast	9.00	12.00	
Child (6-12) with Feast	7.00	9.00	
Child (6-12) without Feast	5.00	6.00	This is a DRY site!

Make all checks payable to "SCA Inc. Barony of Grey Niche."

Please send all reservations to: Barony of Grey Niche, PO Box 11184, Memphis TN 38111.

No reservations accepted without payment. All reservations should be postmarked by 27 Jun 2009

Non-members add \$3 to all prices. Per Kingdom Law, no family will pay more than 3 adult prices provided the children are 15 and under and all are paid members.

Fenced in Playground for the Children – Air Conditioned Hall – Handicapped Parking

Autocrat:

Johnna inghean ui Cinneide
Johnna Urban
JoUrban2000@yahoo.com
901-835-2948 (no calls after 9 P.M. please)
289 Tippy Drive, Millington, TN 38053

Feastcrat:

Mistress Arielle de Brabazon
Donna Hopper
donnahopper@pobox.com
901-377-3688 (no calls after 9:00 p.m. please)
2793 Dromedary Drive, Memphis, TN 38133

Directions to Site:

From the South: Take your best route toward Memphis and I-240 East. Follow signs toward I-40 East to Nashville. Take Exit 16; bear left toward Germantown Parkway North as it splits. Continue North on Germantown Parkway. Turn Left/West onto Brother, the first light after Stage/HWY 64. Turn Right/North onto Appling. Turn Left/West on to 3rd Road.



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The Incipient Canton of Southtower
Presents

Barbarian Brawl

July 24, 25, and 26, 2009

Come partake in the Norman conquest of Southern Italy as we wrest the city of Brindisi from the Byzantines. The Populous of the Incipient Canton of Southtower cordially invite you to Camp Clearfork in Mt. Ida, Arkansas, to celebrate the conquest at this year's Barbarian Brawl!

*Let it be known to all in our fair lands that Barbarian Brawl is fast approaching, and with it many issues decided by heavy combat. Decided at this event shall be: **Brawl edition of the Tournament of Champions qualifier, Baronessa's Protector, and the Small Gray Bear Warlord.***

Be it known that ALL of these matters shall begin in one double elimination tourney, open weapons style. The Baron and Baroness of Small Gray Bear will be viewing this great contest and will select protector and Warlord candidates from the SGB fighters competing. These Baronial candidates will be asked to perform tasks suitable for their stations after the ToC tourney is complete. The top two fighters will have qualified to compete in the ToC.

A regional A&S Competition themed "Fiber and Spice, and Everything Nice!!" will take place.

Fees:

Adult (Cabin/Tent with Feast) \$22	Adult (Cabin/Tent without feast) \$18
Child (Cabin/Tent with Feast) \$15	Child (Cabin /Tent Without Feast) \$13
Day Trip Rate (with Feast)	Day Trip Rate (without Feast)
Adults \$15	Adult \$8
Child (Under 12) \$10	Child (Under 12) \$5

- * \$3 Additional fee for non-members
- * Children under 3 free
- * Camp is fully accessible
- * Max for feast is 100 people
- * Cabin space for 80
- * Tenting space is limited

Please send reservations to:
SCA, Inc., Barony of Small Gray Bear
Attn: Barbarian Brawl Reservation
P.O. Box 21636
Little Rock , AR 72221

Per Kingdom law, no family shall pay higher than 3 adult member prices for admission to an event as long as the children are all under 15 years of age and have current memberships



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Schedule of Events for *Barbarian Brawl*

Friday

5pm– Site Opens
7:30pm–Traveler’s Faire
Troll stays open all night!!

Sunday

7:00am– Wake-up Call
7:30am– Breakfast
11:00am- Site Closes

Saturday

6:30 am- Wake-up Call
7:00 am– Breakfast
9:30 am– Armor inspection
10:30 am– Fighting Begins– Heavy and Light Weapons
tournaments and A&S Competition
12:00pm– Fundraiser Lunch
1:00pm- Fighting and Activities continue
6:00pm– Court
7:00pm- Feast
8:30pm– Social and Dance

Feast for *Barbarian Brawl*

1st Remove

Bruschette with meats like hard salami,
genoa salami, proscutto
Cheeses like provolone, mozzarella, feta,
swiss, cheddar, & havaretta
Sauces like Pesto, Olive Oil, Garlic
Fruit spears like apples, pears, grapes

2nd Remove

Shrimp and Scallop stew or Gazapacho (cold
tomato stew)
Tossed green salad with balsamic vinaigrette
Wheat bread, White bread, Soda Bread

3rd Remove

Pasta with choice of Lati del Carne (meat
sauce) or Alfredo sauce
Garlic Bread
Roast Pork Shoulder with Steamed
Vegetables

4th Remove

Italian Cream Cake
Ice Cream

Menu Subject to change due to availability. Anybody with dietary or allergies please
contact Feastocrat, Lord Daniel (Danny Burnell) at mac_000038@yahoo.com.



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More information on Barbarian Brawl

**Merchants are welcome! Please contact Aneia de Mowbray prior to the event date.
Camp is discreetly wet.**

Autocrat

Lord Anton Fortunio
mka Hector Socias
Ph: 501-321-2564

Merchant Info

Aneia de Mowbray
mka Louise Tribble
Ph: 501-847-5599

Feastocrat

Lord Daniel
mka Danny Burnell
Ph: 501-620-9182

Location: 20 miles west of Hot Springs on U.S. 270.

Directions:

Take US-270. Turn left onto the US-270/US-70 ramp. Keep right at the fork to continue toward US-270 W/US-70 W and merge onto US-270 W/US-70 W. Take the US-270 exit toward Mount Ida. Keep right at the fork to continue toward Albert Pike Rd/US-270 and merge onto Albert Pike Rd/US-270. Turn right at Hiram Smith Trail.



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Upcoming:

- More news on Barbarian Brawl, weekly meetings ahead!
- Notes from June's A&S and Business meetings
- Announcements about upcoming local SCA events

Message from the Chronicler:

The Chronicler kindly asks that you email your modern known name as well as your SCA name to her. Also, we are missing permission forms from several people. If I or the Webminister do not have that permission form, then we cannot use your name or image in the website or newsletter. Kindly print out the permission form, found on the yahoo group in the Chronicle folder in the files section, and fill it out and hand it to the Webminister or the Chronicler at your earliest convenience. Thank you.

Please visit us:

Our website:
www.thesouthtower.org

Our Yahoo Group:
http://groups.yahoo.com/group/The_Southtower/

Populus Business Meetings:
2nd Tuesday of the Month at Garland County Library in
Hot Springs, AR

This newsletter was written and edited by:

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MKA Amy Lynn Adams
Chronicler of the Incipient Canton of Southtower
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